



Hello from PE!

Your children and I have had a great beginning to the school year. I have been happy to get to know them as students and individual people. We have worked on team building challenges, cooperative games and developing our soccer skills. Now, we are focusing on fitness, coordination and motor skills. In the upper grades, this means we are learning new games that incorporate throwing, catching, evasion, offense, defense, and strategies. In the younger grades, we are practicing throwing and catching. Ask your child to show you what they can do. I bet they would love to play catch!

Your PE teacher, Ms. Borkhuis